



First Annual Fall Harvest

Crystalette Cruzers

5k Run/Walk

Sunday October 5, 2014

12:00p.m- 1 mile fun run (10 and under)

12:30p.m. - 5k Run/Walk

Race Location: Course is along beautiful Hines Drive in Dearborn

Heights.

Start location is at Helms Haven Picnic Shelter on Hines Drive between Outerdrive and Warren ave.

Water and after race snacks provided.

PRE RACE ZUMBA WARM UP at 11:30am

Packet Pick and On-site Registration: Friday, October 3, 2014 3pm-6pm at Dearborn Ice Skating Center or Race Day 10:00am-12:00pm at Helms Haven

Proceeds:

Help offset travel expenses for the Crystalette Synchronized Skating Teams! They are headed to Minneapolis, Rhode Island, Indiana, as well as all over Michigan for the upcoming 2014 - 2015 Competitive Season.

Entry Cost information: \$20 for fun run (participants 10 and under) – includes tee shirt, \$35 for 5k – includes tee shirt. \$5 additional for late registration after September 26, 2014

Make Checks to: DFSC

Mail or in person at: Dearborn Ice Skating Center c/o Kara Torres 14900 Ford Rd Dearborn MI 48124

Contact: Kara Torres, 313-580-8639 for questions and sponsorship opportunities

ENTRY FORM - PLEASE PRINT LEGIBLY

Name _____ Sex _____ Age _____

Address _____

City, State Zip _____

Phone _____ E-mail _____

SHIRT SIZE (circle One) SM M L XL NONE

EVENTS: 5k RUN/WALK _____ 1 MILE FUN RUN _____

Waiver (MUST BE SIGNED)

In consideration of your accepting this entry, I, the below signed, intending to be legally bound, for myself, my heirs, my executors and administrators, waive and release and any all rights and claims for damages I may have against the race, and sponsors and their representatives, successors and assigns for any and all injuries suffered by me in said event. I attest that I will participate in this event as a footrace, that I am physically fit and sufficiently trained for the completion of this event. Furthermore, I hereby grant full permission to use my name and likeness, as well as any photographs and any record of this event in which I may appear for any legitimate purpose, including advertising and promotion. No refunds for any reason.

Signature _____ **Date** _____

Parent or Guardian if under 18 _____